PNEUMONIA

HOW TO LOOK OUT FOR PNEUMONIA AND WHAT TO DO ABOUT IT

DANGER SIGNS
Seek care as fast as you can if your child has any of these signs, even if your child is already taking medicine.

1. If a child has a fever
2. If the child gets sicker or if any symptoms get worse
3. If the child is unusually sleepy or can’t wake up
4. If the child refuses to drink, eat or breastfeed
5. If the child suddenly moves strangely and the arms and legs stiffen. These are called “convulsions”
SIGNS OF PNEUMONIA

- Cough
- Fast, difficult breathing
- Chest goes in when child breathes (in-drawing)

Sometimes pneumonia comes with a fever, but not always.

FOLLOW ADVICE OF HEALTH WORKERS AND DOCTORS

- Always follow health workers’ instructions
- Give all the medicine as instructed, even if the child looks better

PREVENTING PNEUMONIA

To keep your child strong, here are some ways to prevent pneumonia:

- Get rid of germs. Wash hands often with soap and clean water
- Children should get all vaccinations that doctors recommend
- Keep smoke out of the home
- Nutritious food and breastmilk help a child fight disease

REMEMBER

If a child is breathing faster than usual, that is often a sign of PNEUMONIA

SEEK CARE RIGHT AWAY